



Following the simple rules below will help to keep you and your children safe from *E. coli* O157 and other infections that may be found on open farms.

Pregnant women need to take particular care and specifically should avoid contact with lambs and their droppings.

- Do not put hands on faces or fingers in mouths while petting animals or walking round the farm.
- Do not kiss farm animals nor allow children to put their faces close to animals.
- Do not eat or drink while touching animals or walking round the farm. This includes not eating sweets, crisps or chewing gum.
- Do not eat anything that has fallen on the floor.
- Do not use gels or wipes instead of washing hands with soap and water. Gels and wipes do not remove *E. coli* O157 that is in dirt.
- Do wash your hands thoroughly with soap and water after you have touched animals, fences or other surfaces in animal areas.
- Do wash your hands thoroughly with soap and water before eating or drinking.
- Do wash your hands thoroughly with soap and water after removing dirty shoes or boots that have been worn on the farm.
- Do supervise children closely to ensure that they wash their hands thoroughly.
- Do eat and drink in picnic areas or cafes only.

Further information on *E. coli* O157 is available on the Health Protection Agency website at: www.hpa.org.uk

